

Miss Lindh proudly presents the...

# Peek at the Week

December 11-19, 2019

## Reminders:

- Every time your child's folder comes home, please check it, take out any/all papers and complete/return items as necessary.
  - \* Folders should come back to school empty, unless there are things needing to be returned, such as homework, RSVPs, or other forms.
- Please remember to send SHOES with your child every day for them to wear when in the classroom
- We'll end 2019 with a pajama day on Friday, December 20 - turn over for more details
- NO SCHOOL - December 21 - January 5 for winter break. School resumes, Monday, January 6, 2020.

## This week we are...

- Having our second "GoNoodle Dance Party" - GoNoodle is an online platform filled with movement songs and videos, designed as "brain breaks" teachers use throughout the school day when their students just need to MOVE to refocus their bodies and their brains.
- "Making and baking" cookies in the pretend center
- Reading stories about cookies and gingerbread men as well as doing many baking-themed games and activities during small group time
- Continuing our exploration of feelings; we have talked about happy and sad, and this week will be discussing feeling surprised and scared.

## Try it at Home:

- If your child is struggling with letter identification, start with helping them learn the letters in their name - these are meaningful to them so they will likely be more motivated to learn these letters first.
  - \* After your child has mastered these letters, move to letters that look the same in both capital and lowercase form - c, k, o, p, s, v, w, x, and z
- Continue working on identifying feelings - talk about how a book character feels when reading your child's library book with them.
  - \* Ask questions like: "How is he/she feeling \_\_\_\_\_?" "What parts of his/her face show you that he/she is feeling that way?" "What are some things that make you feel \_\_\_\_\_?" "What things can you do to feel better?"